



supporting youth & families together



Bellefaire JCB's Portage County office provides a variety of outpatient and in-home therapeutic services and psychiatry.

FUNCTIONAL FAMILY THERAPY (FFT)

Functional Family Therapy (FFT) is an Intensive Home Based Treatment (IHBT) Service which provides intensive therapeutic services to families with children who are between ages 10 and 18, who are at risk to be placed outside of the home because of mental and/or behavioral health concerns. Services are provided directly in the home environment.

Functional Family Therapy is an Evidence-Based Practice (EBP) with numerous studies that have demonstrated both positive short-term and long-term results. Family or caregivers must be willing and able to participate in all therapy sessions.

The FFT team advocates with schools, juvenile courts, community agencies and other mental health professionals. We refer families to community resources, mental health services and positive social and recreational activities.

For all intakes, please call 330.241.4588 or email portageadmissions@bellefajcb.org.

CHILD & ADOLESCENT GROUP SERVICES (CAGS)

Bellefaire JCB's Child & Adolescent Group Services provide an array of problem specific and evidence based practices facilitated by credentialed staff. Children who are referred to the program must meet defined clinical criteria, are between the ages of 6-13 and must demonstrate minimal ability to participate in group treatment. Clinical issues addressed include, but are not limited to:

- Distress Tolerance Skills & Strategies
- Mindfulness & Impulse Control Skills
- Emotion Identification & Regulation
- Communication & Interpersonal Effectiveness Skills
- Anger Management
- Self-Esteem Building
- Trauma & Crisis Management Skills

Funded by Medicaid and grant programs when available, Child & Adolescent Group Services run year-round Monday-Friday, with the exception of holidays, and quarterly 1-day breaks for staff training. Groups are run during the school year from 4-6:35 pm and in the summer, group hours move to 10 am-2 pm.

The transition dates between sessions are based on local school calendars and vary from year to year. Children attend the program on their designated days.

CAGS provide limited transportation to Bellefaire JCB's location. Routes may be up to one hour in length prior to and after group. An Approved adult must be present when children are dropped off.



PSYCHIATRY SERVICES

Ongoing outpatient psychiatry services are available for children and adolescents in need of medication to address mental health diagnoses. Psychiatry services include a complete psychiatric evaluation followed by ongoing psychiatry appointments at the Main Office only.

BEHAVIOR HEALTH RESPITE

Behavioral Health Respite Services provide a short-term break for the caregiver of a child or adolescent ages 8-16. Each session lasts approximately 3 hours, providing caregivers with an opportunity to have some time to themselves while the youth is in a safe and fun environment. Youth will be in the supervision of professionals with experience providing care for children and adolescents and will enjoy engaging activities in the community or at Bellefaire's office.

- Provides temporary and short-term respite services to families enrolled in OhioRise
- Services are scheduled in advance and are guided by each family's care plan
- Transportation to and from activities is available
- Offers on and off campus activities
- Services are provided by staff that have extensive experience working with youth
- Aggression
- Safe environment with high staff to youth ratio for meaningful and enjoyable small group experiences

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